# **COMPARISON OF WARFARIN VS** DIRECT ORAL ANTICOAGULANTS AFTER LEFT ATRIAL APPENDAGE OCCLUSION: A SYSTEMATIC REVIEW AND META-ANALYSIS

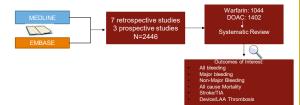
Sachin Saju1; Khawaja Hassan Akhtar2; Satyam Krishan1; Yusra Minahil Nasir3; Jagiit Khosla<sup>2</sup>:Usman Baber<sup>2</sup>

Department of Medicine, University of Oklahoma Health Sciences Center, Oklahoma, USA; Department of Medicine, Section of Cardiovascular Medicine, University of Oklahoma Health Sciences Center, Oklahoma, USA; Department of Medicine, Montefiore Medical Center, New York, USA

### **BACKGROUND**

The optimal anticoagulation strategy after left atrial appendage occlusion (LAAO) is not clearly established. We hypothesized that clinical outcomes would be similar between patients taking warfarin and direct oral anticoagulants (DOACs) post-procedurally after LAAO.

### **METHODS**



## **RESULTS**





Warfarin use was associated with higher rates of any bleeding (OR 2.16; 1.45-3.22; p=0.0002) and minor bleeding (OR 3.39; 1.76-6.51; p=0.0003). There was a non-statistically significant increase in major bleeding (OR 1.63; 0.94-2.82; p=0.08) and stroke (OR 2.12; 0.96-4.67; p=0.06) with warfarin use. No difference was observed in terms of all-cause mortality or device related thrombosis between the two groups.

### CONCLUSION

Use of Warfarin after LAAO was associated with higher rates of bleeding, particularly minor bleeding, but does not reduce the risk of stroke or device related thrombosis when compared to DOACs.



Warfarin after Left Atrial Appendage Occlusion leads to higher rates of bleeding, particularly minor bleeding compared to direct oral anticoagulants.

> **CONTACT INFO:** For more information email Sachinsaiu@ouhsc.edu. Khawaia-Akhthar@ouhsc.edu, Krishan@ouhsc.edu



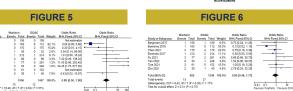
### DISCUSSION

In this study, we compared warfarin to direct oral anticoagulants (DOACs) to see if there was any benefit for using warfarin over DOACs after left atrial appendage occlusion. We found that warfarin wasn't associated with a reduced risk of stroke or device related thrombosis. However, warfarin was associated with increased rates of bleeding, particularly minor bleeding.

# FIGURE 2







### **DISCLOSURE INFORMATION**

The authors have no industry relationships to disclose.